

schedule) or schedule online at www.wmfc.org. Go to the "Fitness Room Orientation Dates and Times" link.

Our Acrobatics classes run from October through May, on Monday, Wednesday and Thursday mornings from 9:15 – 10 a.m. This is a low-impact routine that is fun and one which anyone can do!

We offer Free Martial Arts Classes year-round in a joint effort with Gateway Martial Arts. Classes meet every Tuesday night.

Fall and Winter Volleyball Leagues are registering until October 22, 2008. Coed Volleyball leagues compete on Sunday evenings. The fall league begins in late October and the winter league begins in early January. For more information, check out the "2008-2009 Volleyball Information" on line.

Men's Basketball League: Registration for the fall league begins in October and winter league registration begins in December.

League play runs as follows:

Fall – October through December

Winter – January through March

Our men's basketball leagues are some of the best leagues in the county, competitive and just good, clean "fun".

Our batting cage is available for baseball and softball teams to rent during selected weekday evenings, on Saturdays and occasional Sundays. Rental includes the batting cage and the entire gym, and comes complete with a pitching machine, balls, batting helmets and a safety net. Cost is \$35/hr.

When planning how you will pass your time this winter, please consider that WMFC is always in need of volunteers. Volunteers are needed for a variety of programs such as preschool, elementary, youth and teens, special events, tutoring, Bingo, clothing room and the food pantry. Each program has a unique need

to be filled. Please contact Stephanie Ponte at 832-3256 to discuss volunteer opportunities.
Susan Love



Chippewa Nature Center

Expansion Update: Over 200 people attended the groundbreaking ceremony on September 11 to kick off the Center's expansion! You may be wondering how your visits to CNC in the coming year might be impacted by construction, and we hope this Q and A will address some of your questions.

Will staff hours change? Regular staffing will continue as usual: Monday-Friday (8a.m. -5p.m.), Saturday (9a.m.- 5p.m.) and Sunday and holidays (1- 5p.m.).

How can I communicate with the staff? You are always welcome to contact our staff by phone, e-mail or in person at their temporary office space. Once the interim Visitor Center is in place, a naturalist and front office personnel will be there to answer questions and take care of any other routine business for you.

Can I still visit to walk the trails? Yes! The trails will remain open, as well as the restrooms at the Resource Building. Only the Arbury Trail will be temporarily closed while the beginning portion of the trail is rerouted to accommodate the new Nature Preschool building.

Will the Visitor Center remain open during construction? Sometime in mid-November, the Visitor Center will close to both visitors and staff, staff members will move to portable offices located in the volunteer parking lot off Homestead Road. When construction on the Nature Preschool is complete, that building will serve as a temporary Visitor Center.

Will access to the Nature Center Store and library be available? Both the store and the library will close on October 31. Library books will be stored during construction, but we do plan to have limited store merchandise available in the temporary Visitor Center.